

THE LIVING...



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THE LIVING is:

Derek Barnes		Vocals & Guitar
Jason Zaru		Drums
Jeremy Shepard		Bass
Julian Balestrieri		Guitar

For fans of:

Atmospheric Rock
Chelsea Wolfe
Queens of the Stone Age
Tool

New LP coming October 2018

Biography

Lying somewhere between the complexity of progressive rock and the brawn of metal, San Francisco's The Living have an emotional pull to their sound that clicks instantly. Offering atmosphere-drenched lead guitar work soaring over earthy riffs pitted against desperate wailing vocals and a driving rhythm section tinged with just enough complexity, their multi-dimensional sound has been born and crafted from raw feeling and countless hours toiling in their tiny San Francisco practice space. Songs like "Delay," "Deceiver," and "Tied To The Bed" drip with a lyrical vulnerability and honesty seldom heard by their peers and greatly appreciated by their fans.

Made up of Derek Barnes (vocals/guitar), Julian Balestrieri (guitar), Jeremy Shepherd (bass) and Jason Zaru (drums), The Living formed in 2015, birthed from their longstanding friendships with each other. They pull many sounds into their music including shoegaze, progressive rock, metal, and pop, bridging the gap between genres and creating an environment in which their audience is greeted with the familiar sounds they know and love while discovering the band's fresh approach. It's this unique overlap, coupled with their devotion to an energetic live show and the human experience that goes along with it that has landed them gigs at San Francisco staples such as Brick & Mortar, El Rio, Hemlock, and Milk Bar, as well as radio rotation on sites such as 89.5 KPOO.



In October 2018, the band will release second full length album, followed by a West Coast tour. "We want to be remembered for emotional music built on strong song-writing," the band explains. "We want people to connect with it in a very personal way."



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Discography

Nothing I Say Has Any Weight

Deadlocked

Nothing I Say Has Any Weight

Wellspring

Toll Collector



The Living 2018 Self Titled

Tied To The Bed

Delay

Deceiver

No Love Gets Away

Hot Breath

Corpse Pose

Headless Pillow



The Living 2015 Self Titled EP

Life In a Vise

Breath of Cheap Wine

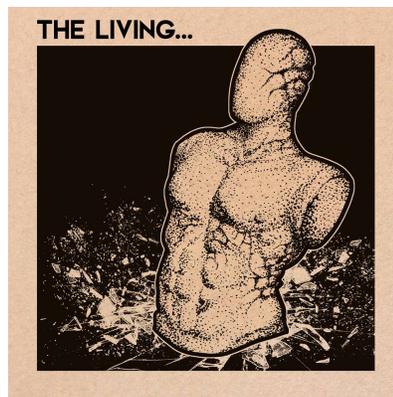
The Fisherman

Kettle Once Boiled

Whatever Makes You Feel

Alive Again

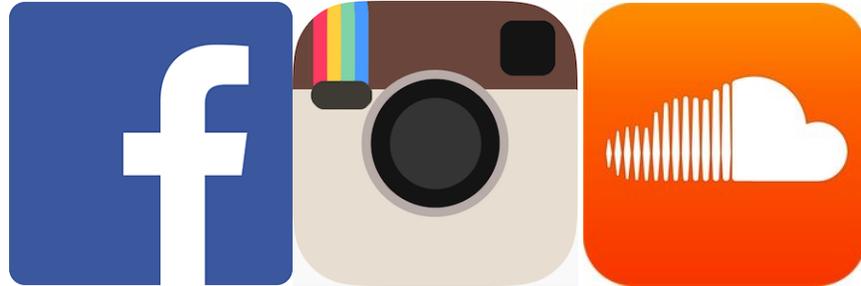
Newborn



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Contact/Info

Social media:



Genre: *Atmospheric Rock*

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Record Label: *Independent*

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